

Chemical Peel After Care

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**Chemical Peel Patient Instructions**

Depending on the medical conditions of your skin, one or more coats of Obagi Peel will be applied. You will experience a mild burning sensation that last 2 to 3 minutes. Your skin will begin to peel within 2 to 3 days and should be healed in an average of 7 to 10 days. Within 10 days, you should be able to resume normal activity.

Carol may prescribe: Biafine A.M. & P.M. for 5 days if rash appears discontinue and use Aqua-phor only.

**Home Care Instructions**

Follow your physician's instructions and keep all follow-up appointments.

**First 7 to 10 days after Obagi Peel (or until skin is completely healed)**

Follow this program using Obagi Nu-Derm system.

Wash face with Foaming Gel or Gentle Cleanser and tepid water twice a day (AM & PM). Do Not cleanse with Cetaphil.

Carol may advise the purchase of Aqua-phor this is an over the counter treatment - use as needed.

Should oozing occur, soak a gauze pads in 3% hydrogen peroxide solution and dab the area as needed (NO NEOSPORIN)

**To help achieve optimal results and healing DO NOT PICK, RUB, OR FORSE OFF SKIN. THIS MAY TEAR SKIN AND CAUSE SCARRING!** Avoid the use of external facial expressions. Do not over moisturize, keep skin dry. Avoid sun exposure and the use of sunscreens until healing has occurred - wear protective clothing, a hat and sunglasses. Avoid strenuous exercise and sweating. Do Not allow shampoo to run onto the treated areas while bathing and showering. **DO NOT WEAR MAKE-UP WHILE THE SKIN IS HEALING.** To enhance the results of the Obagi Peel after healing is complete, resume treatment of Obagi Nu-Drem system.