

Obagi Blue Peel Consent

2051 Hamill Road, Suite 301
Hixson, TN 37343

Patient's name: _____ Date: _____

THE OBAGI BLUE PEEL RADIANCE CONSENT FORM

The Obagi Blue Peel RADIANCE offers a unique blend of acids to provide a gentle but effective peel. It exfoliates the uppermost damaged skin resulting in tighter, smoother, brighter-looking skin immediately after just 1 use. For best results, it is recommended to have 1 peel every 2-4 weeks, for a total series of 4-6 peel.

Salicylic acid-based peels are used to improve patient outcomes for a range of skin conditions, including acne scarring, photodamage, and melasma. Use of the Nu-Derm System 4-6 weeks prior to and following the patient's first peel is recommended in many cases and may result in a more even and visible outcome.

Depending on the condition of your skin, one to two layers of the Blue Peel Radiance will be applied. With each layer, you will experience a slight tingling sensations. The acid is self-neutralizing and this sensation automatically subsides within 3-5 minutes. Your skin will begin to peel with 3 days and should be through the peeling process within 7-10 days. In most cases, the peeling should not interfere with your lifestyle.

Patients should avoid use of the following products and procedures on the area to be peeled for 5-7 days prior to the peel:

- Laser hair removal
- Waxing
- Depilatory creams
- Electrolysis

There are certain products that may increase skin sensitivity and/or cause a stronger reaction to the peel if used up to the day of the peel. Patients should avoid use of the following products for 3 days prior to the peel:

- Topical retinoids and tretinoin (such as Retin-A, Renova, Differin, Tazorac, and Refissa)
- Other topical acids or exfoliants that may be drying or irritating to the skin (such alpha hydroxy acids [AHAs], beta hydroxy acids [BHAs], exfoliating masks, retinols, hydroquinone, and benzoyl peroxide acne products)

CAUTION: Patients who have recently had any medical aesthetic facial treatments or procedures (laser treatment, microdermabrasion, etc) should wait to have any acid-based peel until all lingering skin sensitivity has subsided. Avoid using BHA-containing products on infants and children.

Obagi Blue Peel Consent

2051 Hamill Road, Suite 301
Hixson, TN 37343

CONTRAINDICATIONS

Do not use if patient has/is

- Active cold sores herpes simplex, or warts in the area to be treated
- Wounded, sunburned, or excessively sensitive skin within the application area
- Currently pregnant
- Dermatitis or inflammatory rosacea within the peel application area
- Accutane use within 12 months prior to the peel application
- History of radiation therapy in the application area
- Allergies to salicylates

Follow these important steps to help keep your skin protected and healthy while your peel takes effect:

STEP 1 Use sunscreen with an SPF of at least 30 at all times for at least a week. *Ideal options include: NuDerm Sun Shield SPF 50, Nu-Derm Healthy Skin Protection SPF 35, NuDerm Physical UV Block SPF 32, or Rosaclear Skin Balancing Sun Protections SPF 30.*

It is recommended that you continue to use these products to help protect your skin and maintain the benefits of the peel even after the initial week.

STEP 2 Avoid direct sun exposure. Too much sun exposure may cause improper healing and in some cases may reverse the benefits of the peel.

STEP 3 Treat the skin gently - DO NOT exfoliate - though you may experience mildly dry, red, or flaking skin for several days or more after your peel. Do not pick at peeling skin. The dead skin will naturally slough off.

STEP 4 Avoid Alpha and beta-hydroxy acid products, retinoids, retinols, and facial products containing fragrance for a few days after the peel. Instead, use Obagi Therapeutic Moisturizer or Hydrating Complexion Corrector.

STEP 5 Please consult with your physician prior to returning to your normal skincare regimen (usually 5-7 days after application of Blue Peel RADIANCE).

I hereby declare that I have read and fully understand the information explained to me in this consent form. No guarantees were made regarding the results or potential risks. All my questions have been answered in a satisfactory manner and I consent to _____ performing the Obagi Blue Peel Radiance I understand the need to follow the post peel instructions and to return as directed for follow-up instructions.

Patient Signature

Date